

The Beauty of Balance

There are roughly 6.7 billion people in the world; 6.7 billion people and rising. That's 6.7 billion minds thinking, 6.7 billion emotional bodies reacting and 6.7 billion beings searching for some sort of balance in their life. All of us do it, every one of us human beings are in need of balance. Even the most hardened criminal is in search of an equilibrium to his turmoil. The only problem is most of us don't know where to search for balance. We are dropped off on this planet, fed some wonderful stories of what the perfect life would be like and given little, if any, guidance throughout the course of our physical journeys. Oh, don't get me wrong, there are plenty of people along the way willing to boss you around, but, even with all of those would-be authority figures, few offer true leadership. Who is to blame for this? Shall we blame our parents, their parents, our teachers, our government. She would blame the system of society? Is anyone to blame or is the truth far simpler? Is the reason for a lack of leadership the shocking fact that most don't know how to lead?

What is leadership, one might ask. Leadership, true leadership, is knowing how to guide those who follow, not order them around. Machines can give orders, but only a conscious being and intuitively respond to the needs of his society. Societies come in all shapes and sizes. From our society of friends and family, to the society of work and other gatherings, we interact within a multitude of societies. The shocking and potentially disturbing fact is that, out of 6.7 billion people, few societies are balanced. The evidence to support this claim is evident just outside your doorstep. People are killing each other, fighting for survival, scaring each other into submission and torturing their neighbors out of the pathetic need for a **false** sense of security. We are collective of 6.7 billion babies trying to fight for our mother's attention; 6.7 billion victims and sob stories.

Where does it end? How do we grow out of this dreadful state of living? How does the collective break free from it's shell of ignorance? It all starts with the individual. You, me and all others must focus our attention within and become aware of the imbalance that exists within ourselves. Each one of us harbors this disharmony. And it is not until we tip the scales on an equal axis that we can set the balance that we are destined to attain. I do not say reset the balance because this state of harmony is a new one.

We are shedding the old unaware psyche that our kindred animal siblings still dwell in and moving on into a new order of reality. This is the state of enlightenment so many teachers try to guide others to, and it is this state of living that shall enable the human species to endure. If we do not reach this balance, well, look at the news and see what our current mode of living is doing to our odds of survival.

How does one achieve balance, you ask, check out my website for more information. Don't worry, it's free!

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-Marquis White